WHY TRAVEL **BY TRAIN?**

erasmus by train

STAY GROUNDED



HERE ARE SOME POINTS WHY YOU SHOULD TRAVEL BY TRAIN OR BUS

1 Sustainability



Less consumption

A train ride from Copenhagen to Paris produces 35,6 kg of C02, while a plane emits 211,3 kg for the same journey. Embarking on this journey by train hence saves 5/6 of the CO2 that you would have been responsible for emitting if you had travelled by plane. (quarks.de)

Less noise

The rail sector is also the mode of transport with the lowest contribution to issues of air and noise pollution.



More energy efficient

45%

of Erasmus participants would prefer to travel sustainably only 1 out of 4 did it.*

#bethechange

Rail is the most energy-efficient among various modes of transport. In a world of limited energy capacities and increasing political dependencies due to energy demands, this aspect is becoming increasingly important.

If you want to know more about the problems of flying and how to take action for a climate just mobility check out the Let's Stay Grounded campaign: www.stay-grounded.org/lets-stay-grounded and visit the homepage of Time to Explane: www.timetoexplane.com

2 Europe

The train/bus ride offers you the chance to **turn the journey to your** Erasmus destination into a vacation.

Goede dag!

If you go on a long train ride, make stops in between and take your time to explore multiple places. This way you can **see Europe** and not just two places.

Bonjour!

On this journey you can **meet different people** from diverse cultural backgrounds, listen to multiple languages and experience open borders.

3 Travel experience

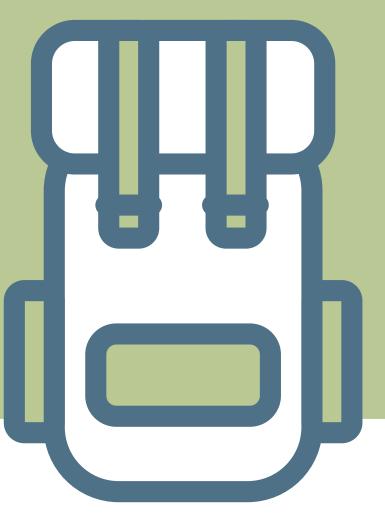


If you take the train or bus you can...

1. ...experience slow travel and/or take various night trains.

iHola!

- 2. ...make your journey more adventurous.
- 3. ...use the time on the train to read, sleep, watch a movie and engage with fellow travellers.



PLAN YOUR OWN ERASMUS TRIP

I will start in

My destination of exchange is

How many days can I spend travelling?

1st Stop

PLAN YOUR PACKING

Backpack

makes travelling more comfortable

Headphones for a dramatic out-of-the-window-look

A good book you never had the time to read

ist otop		

What/Whom do I want to see?

Where could I spend a night?

2nd Stop

What/Whom do I want to see?

Where could I spend a night?

3rd Stop

What/Whom do I want to see?

Where could I spend a night?

And plenty snacks and drinks!

For more information visit www.erasmusbytrain.eu or social media @erasmusbytrain and if you need any support booking your trip contact us via studentsupport@erasmusbytrain.eu.