

# How to plan your train travel

## 1. Find a suitable connection:

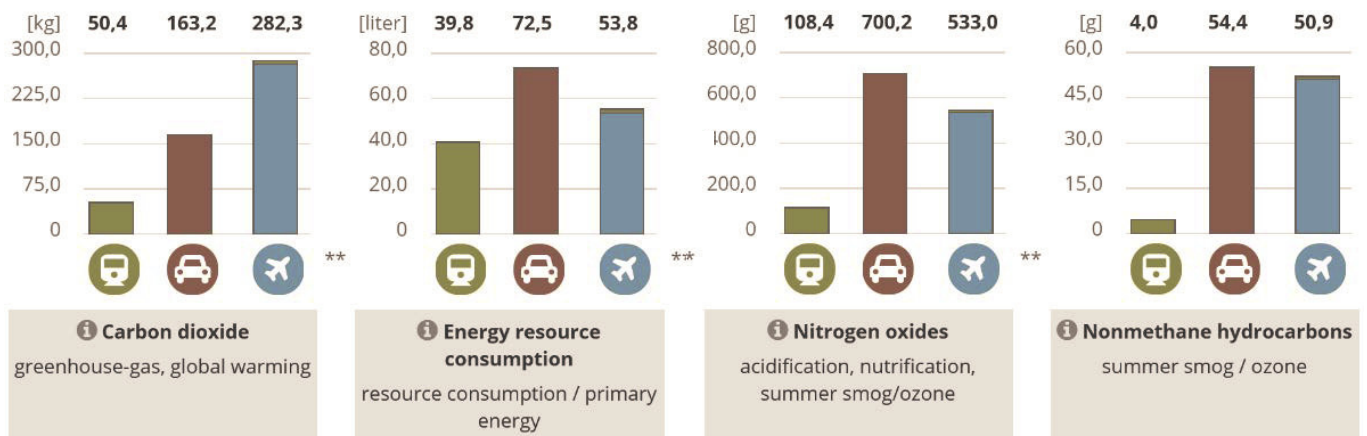
- In a first step check out the available connections on maps like [interrail.eu](https://www.interrail.eu)
- There you can also find popular night trains
- To plan your connection in more detail you can use [rome2rio.com](https://www.rome2rio.com)

## 2. Get your ticket:

- The easiest option for longer journeys is to buy an interrail ticket which is valid for the whole journey. In this way you don't have to bother about different tickets in different countries and you can use all night trains.
- The company "Deutsche Bahn" has many cheap special offers for travels out side of Germany if you book in advance: [bahn.com](https://www.bahn.com)
- The website [thetrainline.com](https://www.thetrainline.com) offers a good platform for tickets within Europe.

## Environmental impacts

To motivate you to choose the train instead of a flight, we listed some facts about the emissions of a journey from Stuttgart to Stockholm for you\*:



\*source: [www.ecopassenger.org](https://www.ecopassenger.org). The CO2 values include a climate factor to express the overall impact on climate.

On the website [ecopassengers.org](https://www.ecopassengers.org) you can calculate the emissions for your planned trip and adjust parameters for the calculation.

## Costs

You think the extra costs for a train ride are too high compared to flying? The EU is aware of this and will provide funds for a financial incentive system.

More information are available on the Erasmus+ website of the University of Stuttgart:

<https://www.student.uni-stuttgart.de/auslandsstudium/austauschmoeglichkeiten/erasmus/>

## Need some more information?

The initiative „erasmusbytrain“ aims to promote train travel within Erasmus+. If you have any further questions, visit : [erasmusbytrain.eu](https://www.erasmusbytrain.eu)

They also provide some useful information on how to plan your journey: [plan-your-journey](https://www.plan-your-journey.eu)